

SLOPPY JOES



Corn oil
2 lbs ground beef
1 medium green pepper
1 medium onion
*1 14 oz bottle catsup

½ tsp salt
1/8 tsp black pepper
1 T sugar
1 T tabasco sauce
8 hamburger buns

Heat oil in large saucepan. Brown ground beef in oil.

Chop green pepper and onion into small chunks. Add to meat while browning. Add catsup, salt, black pepper, sugar, and tobasco sauce to the mixture. Heat over medium heat, stirring occasionally, until bubbly. Spoon onto buns.

Serves 8

** Read label for hidden ingredients*