

## COWBOY STEW



2 T corn oil  
3 lbs ground beef  
\* 2 15 oz cans chili beans

Heat oil in large paucepan. Brown ground beef in hot oil. Add beans and cook over low heat for 15-20 minutes.

*Think of adding chopped up green pepper, some tomato sauce and seasonings such as salt, pepper, chili powder!*

Serves 8