



# Scuba Diving

## Merit Badge Workbook

This workbook can help you but you still need to read the merit badge pamphlet.

The work space provided for each requirement should be used by the Scout to make notes for discussing the item with his counselor, not for providing the full and complete answers. Each Scout must do each requirement.

No one may add or subtract from the official requirements found in **Boy Scout Requirements** (Pub. 33216 – SKU 34765).

The requirements were last issued or revised in 2009 • This workbook was updated in June 2012.

Scout's Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Counselor's Phone No.: \_\_\_\_\_

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this **workbook** to: [Workbooks@USScouts.Org](mailto:Workbooks@USScouts.Org)  
Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: [Merit.Badge@Scouting.Org](mailto:Merit.Badge@Scouting.Org)

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1. Do the following:

- a. Show that you know first aid for injuries or illnesses that could occur while scuba diving, including hypothermia, hyperventilation, squeezes, decompression illness, nitrogen narcosis, motion sickness, fatigue, overexertion, heat reactions, dehydration, injuries by aquatic life, and cuts and scrapes.

Hypothermia: \_\_\_\_\_

\_\_\_\_\_

Hyperventilation: \_\_\_\_\_

\_\_\_\_\_

Squeezes: \_\_\_\_\_

\_\_\_\_\_

Decompression illness: \_\_\_\_\_

\_\_\_\_\_

Nitrogen narcosis: \_\_\_\_\_

\_\_\_\_\_

Motion sickness: \_\_\_\_\_

\_\_\_\_\_

Fatigue: \_\_\_\_\_

\_\_\_\_\_

Overexertion: \_\_\_\_\_

\_\_\_\_\_

Heat reactions: \_\_\_\_\_

\_\_\_\_\_

Dehydration: \_\_\_\_\_

\_\_\_\_\_

Injuries by aquatic life: \_\_\_\_\_

\_\_\_\_\_

Cuts and scrapes. \_\_\_\_\_

\_\_\_\_\_

- b. Identify the conditions that must exist before performing CPR on a person, and explain how to recognize such conditions. \_\_\_\_\_

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- Demonstrate the proper technique for performing CPR using a training device approved by your counselor.

- 2. Before completing requirements 3 through 6, earn the Swimming merit badge.

- 3. Discuss the Scuba Diver's Code with your merit badge counselor, and explain the importance of each guideline to a scuba diver's safety. *(The BSA Scuba Diver's Code can be found at the end of this workbook.)*

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- 4. Earn an Open Water Diver Certification from a scuba organization recognized by the Boy Scouts of America scuba policy.

- 5. Explain what an ecosystem is, and describe four aquatic ecosystems a diver might experience. \_\_\_\_\_

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6. Find out about three career opportunities in the scuba industry.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Pick one and find out the education, training, and experience required for this profession.

Career: \_\_\_\_\_

Education: \_\_\_\_\_

\_\_\_\_\_

Training: \_\_\_\_\_

\_\_\_\_\_

Experience: \_\_\_\_\_

\_\_\_\_\_

Discuss this with your counselor, and explain why this profession might interest you. \_\_\_\_\_

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\_\_\_\_\_

**Boy Scouts of America Scuba Diver's Code:**

A Scout:

Maintains good mental and physical fitness for scuba diving.

Keeps his dive skills sharp through continuing education.

Seeks professional orientation prior to diving at unfamiliar dive locations.

Adheres to the buddy system throughout every dive.

Uses complete, well-maintained, and reliable equipment with which he is familiar.

Always dives no deeper than the recommended depth for his certification level and experience.

Always follows the time limits listed by the special dive tables or a dive computer for a particular depth.

Is a S.A.F.E. diver (Slowly Ascends From Every dive) and makes a safety stop at 15 feet for three minutes at the end of each dive prior to surfacing.

Breathes properly while diving, never holding his breath or skipping breathing.

Knows and obeys local diving laws and regulations, including fish and game laws and dive-flag laws.

Understands and respects aquatic life, considers how his interactions affects it, and dives carefully to protect fragile aquatic ecosystems.

### **Note to Counselor**

Counselors for the Scuba Diving merit badge must be registered with the Boy Scouts of America and be approved by the district/council advancement committee.

Like other merit badges, the Scuba Diving merit badge has been developed to teach and train youth in a manner consistent with the overall goals and values of the Boy Scouts of America.

The merit badge counselor should be fair and consistent when presenting and evaluating the knowledge and skills specified by the requirements. None of the requirements may be modified or omitted.

Unlike many other merit badges, the Scuba Diving critical prerequisites, knowledge, and skills are not itemized in the requirements nor adequately covered in the pamphlet. The requirement to earn Open Water Diver Certification means the Scout must meet training requirements set by outside agencies and must supplement the material in the merit badge pamphlet with an entry-level scuba diver manual.

All phases of scuba instruction—classroom, pool, and open water training—must comply with the minimum training standards for entry-level scuba certification adopted by the American National Standards Institute (ANSI) or the U.S. Recreational Scuba Training Council (RSTC). The RSTC is recognized as the ANSI Accredited Standards Developer for recreational diving instructional standards. The BSA acknowledges those standards by limiting scuba instruction only to instructors trained and sanctioned by recognized scuba agencies.

Councils may use [the brochure at http://www.scouting.org/filestore/pdf/220-005wb.pdf](http://www.scouting.org/filestore/pdf/220-005wb.pdf) to customize and print a promotional brochure for the Scuba Diving merit badge. The brochure has a space on the lower portion of the cover for personalization, and it also includes pertinent information about the merit badge.

Agencies recognized by the BSA for scuba training are PADI (Professional Association of Diving Instructors); NAUI (National Association of Underwater Instructors); SSI (Scuba Schools International); IDEA (International Diving Educators Association); PDIC (Professional Diving Instructors Corporation); and SDI (Scuba Diving International). In addition to the agencies listed by name, any current member of the World Recreational Scuba Training Council (WRSTC) is also recognized.

Each approved instructor must follow the training protocols established by his or her authorizing agency, including limitations and special provisions based on medical conditions and age. For Scout divers under age 15, this will include restrictions for maximum depth, buddies, and supervision ratios.

Scuba industry standards for Open Water Diver Certification require the student to be at least 15 years of age. Students under the minimum age who meet open water scuba performance requirements may qualify for a special certification that allows them to dive with an adult buddy who has, as a minimum, an open water scuba certification. Several of the scuba organizations recognized by the BSA offer “junior” open water certifications for those as young as 10; others have a minimum age of 12. Such junior open water diver certifications satisfy Scuba Diving merit badge requirement 4.

When scuba diving is taught in connection with any local council program, such as offering the Scuba Diving merit badge at summer camp, instructors should provide the training on a contract basis. Such instructors should have dive store or other commercial affiliation that provides liability coverage. Direct employment of scuba instructors is not recommended.

Local council programs may not compress or sell air for scuba use, or sell, rent, or loan scuba equipment (scuba cylinders, regulators, gauges, dive computers, weights, BCDs).

All air and scuba equipment for local council use must be obtained from professional sources (dive stores, resorts, dive boats, etc.) affiliated with a scuba agency recognized by the BSA.

**Requirement resources can be found here:**

[http://www.meritbadge.org/wiki/index.php/Scuba\\_Diving#Requirement\\_resources](http://www.meritbadge.org/wiki/index.php/Scuba_Diving#Requirement_resources)

## Important excerpts from the [‘Guide To Advancement’](#), No. 33088:

Effective January 1, 2012, the ‘Guide to Advancement’ (which replaced the publication ‘Advancement Committee Policies and Procedures’) is now the official Boy Scouts of America source on advancement policies and procedures.

- **[ Inside front cover, and 5.0.1.4 ] — Unauthorized Changes to Advancement Program**  
**No council, committee, district, unit, or individual has the authority to add to, or subtract from, advancement requirements.**  
(There are limited exceptions relating only to youth members with disabilities. For details see section 10, “Advancement for Members With Special Needs”.)
- **[ Inside front cover, and 7.0.1.1 ] — The [‘Guide to Safe Scouting’](#) Applies**  
Policies and procedures outlined in the ‘Guide to Safe Scouting’, No. 34416, apply to all BSA activities, including those related to advancement and Eagle Scout service projects. [Note: Always reference the online version, which is updated quarterly.]
- **[ 7.0.3.1 ] — The Buddy System and Certifying Completion**  
Youth members must not meet one-on-one with adults. Sessions with counselors must take place where others can view the interaction, or the Scout must have a buddy: a friend, parent, guardian, brother, sister, or other relative —or better yet, another Scout working on the same badge— along with him attending the session. When the Scout meets with the counselor, he should bring any required projects. If these cannot be transported, he should present evidence, such as photographs or adult certification. His unit leader, for example, might state that a satisfactory bridge or tower has been built for the Pioneering merit badge, or that meals were prepared for Cooking. If there are questions that requirements were met, a counselor may confirm with adults involved. Once satisfied, the counselor signs the blue card using the date upon which the Scout completed the requirements, or in the case of partials, initials the individual requirements passed.
- **[ 7.0.3.2 ] — Group Instruction**  
It is acceptable—and sometimes desirable—for merit badges to be taught in group settings. This often occurs at camp and merit badge midways or similar events. Interactive group discussions can support learning. The method can also be attractive to “guest experts” assisting registered and approved counselors. Slide shows, skits, demonstrations, panels, and various other techniques can also be employed, but as any teacher can attest, not everyone will learn all the material.  
  
There must be attention to each individual’s projects and his fulfillment of *all* requirements. We must know that every Scout — actually and *personally*— completed them. If, for example, a requirement uses words like “show,” “demonstrate,” or “discuss,” then every Scout must do that. It is unacceptable to award badges on the basis of sitting in classrooms *watching* demonstrations, or remaining silent during discussions. Because of the importance of individual attention in the merit badge plan, group instruction should be limited to those scenarios where the benefits are compelling.
- **[ 7.0.3.3 ] — Partial Completions**  
Scouts need not pass all requirements with one counselor. The Application for Merit Badge has a place to record what has been finished — a “partial.” In the center section on the reverse of the blue card, the counselor initials for each requirement passed. In the case of a partial completion, he or she does not retain the counselor’s portion of the card. A subsequent counselor may choose not to accept partial work, but this should be rare. A Scout, if he believes he is being treated unfairly, may work with his Scoutmaster to find another counselor. An example for the use of a signed partial would be to take it to camp as proof of prerequisites. Partials have no expiration except the 18th birthday.